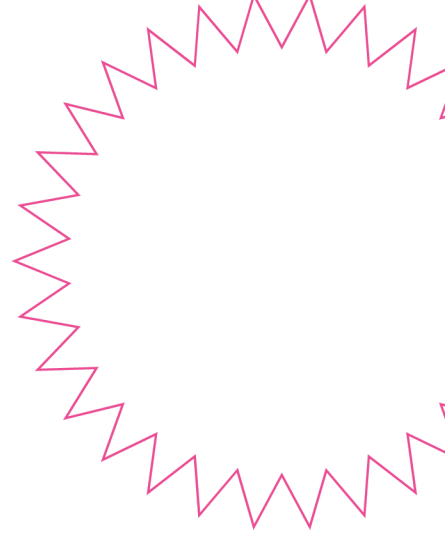


Report



December 2025

By Flor de María Quiñonez

El Progreso



In November, the women decided to hold their get-together at the "Senderos y Manantiales San Miguel" recreational area, about 40 minutes from their community. Each woman brought food to share for lunch, and the cost of transportation was covered by fines and a contribution of Q25 per person. Project funds paid for the entrance fees to the recreational area and the main course for lunch.

The women enjoyed themselves with their children; some even brought their mothers. It was a fun day filled with hiking, swimming, jokes, and laughter.

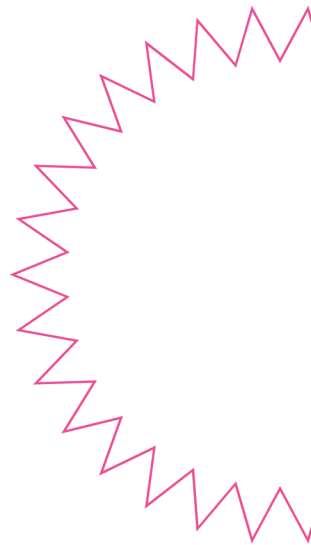


Sintaná



The Sintaná group held their get-together at their usual monthly meeting place, Adelia's house. Each participant brought food for lunch, and the fines were used to buy candy, a piñata for the children, and a cake. Project funds were used to purchase some of the lunch ingredients.

Gift exchanges took place, and in November a drawing was held to determine who would receive a gift. They exchanged not only physical gifts, but also words, hugs, and smiles. The women enjoyed spending time together, as did their children.



Nuevo Amanecer



Nuevo Amanecer took its first group trip to the "Eco Parque Coatepeque" recreational park. Their children, grandchildren, and mother also joined the outing. They used their accumulated fines to pay for transportation, each paying their own park entrance fee and bringing some ingredients for lunch. The rest of the ingredients were purchased with project funds. They enjoyed the pools, trails, and the park itself.

The women were deeply grateful to have a fun day out; they value getting out of the house, seeing new places, and doing different things.

Morelia decided to hold their get-together in January, as they have many commitments at the church.



Mayan Cosmovision Workshop



On December 6th, a workshop on Mayan cosmovision was held with the Aj Kawoq Foundation. Gloria Hernández, a Mayan spiritual guide, shared insights into the interconnectedness of the web of life from the Mayan worldview, emphasizing the importance of each element for balanced and harmonious coexistence. The workshop explored the meaning of the foundation's name, Aj Kawoq, and the nahuales (energies) present in each person, according to their birth date.

This workshop was very important; it allowed us to better understand our individuality and our collective identity as an organization. It also awakened the need for healing and empowerment processes based on the Mayan worldview.

We are deeply grateful to have access to these activities to strengthen our individual and collective selves.

